



travel

1 How do you usually travel to school?

- Walk
- Bicycle
- Car
- School bus
- Public bus/tram
- Tube/Metro
- Train
- Other

2 Why do you choose to travel this way?

- Keeps me fit
- It is quick
- It is safe
- It is easy
- I go with my friends
- There is no other way
- An adult decides

3 How long does your journey to school take?
(Select only one)

- Less than 10 minutes
- 10-20 minutes
- 21-30 minutes
- More than 30 minutes

4 If you travel to school by car, how many
people are usually in the car?
(Select only one)

- Don't go to school by car
- 2
- 3
- 4
- 5 or more



home

5 In which type of home do you live?
(Select only one)

- A detached house
- A semi-detached house
- A terraced house
- A bungalow
- A flat or maisonette
- Another type of home

6 How many people live in your home?
(Select only one)

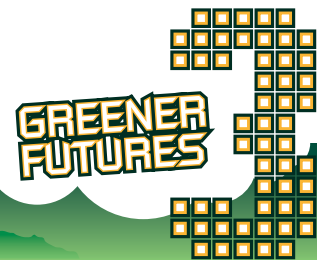
- 2
- 3
- 4
- 5 or more

7 Which of these are there at your home?

- A kettle
- A toaster
- An iron
- A fridge
- A freezer
- A television
- A computer
- A DVD or video
- A music player

8 Does anyone in your home...

- Smoke?
- Have asthma?
- Have hay fever or allergies?
- None of these?



leisure

9 Which of these do you do in your spare time? (Select only three)

- Watching TV or videos
- Going for a walk or a bike ride
- Reading, writing or drawing
- Listening to or playing music
- Sports clubs
- Using a computer or Playstation
- Other sports and games
- Outdoors with friends
- Indoors with friends



food

10 How often do you eat these? (Select one per row)

	Every Day	Every Week	Sometimes	Never
Sweets & chocolate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown bread	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fresh fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fresh vegetables	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

11 How many servings of these types of food do you have each day? (Select one per row)

	1	2	3	4	5 or more
Fresh fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fresh vegetables	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



environment

12 Which type of outdoor space does your home have?

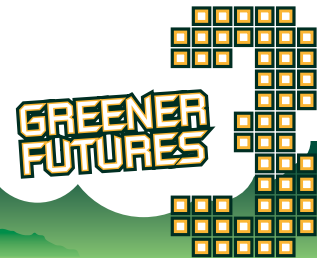
- A garden
- A window box
- A shared open space
- A yard
- An allotment
- A balcony
- No outdoor space

13 If you have an outdoor space, which of these are in it?

- Trees or bushes
- Flowers
- Pond, lake or stream
- Bird table, birdfeeder or bird box
- Compost area or bin
- Log pile
- Water butt or barrel
- Play equipment
- None of these

14 How often do you go to each of these types of open space? (Select one per row)

	Every Day	Every Week	Sometimes	Never
A play area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A safe street or road	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A sports field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A park	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Another green space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Waste ground	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Countryside	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



environment

15 How long would it take to walk to each of these from your home? (Select one per row)

	Less than 5 mins	5-15 mins	16-30 mins	More than 30 mins
A play area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A safe street or road	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A sports field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A park	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Another green space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Waste ground	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Countryside	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16 Which of these describes the area near your home? (Select one per row)

	None	Little	Some	Lots
Litter - small things dumped	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dumping - large things dumped	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dog mess	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vandalism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Graffiti	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Noise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

17 Which of these have you seen within 5 minutes walk from home?

- Blackbird
- Bluetit
- Carrion Crow
- Chaffinch
- Coal Tit
- Collared Dove
- Dunnock
- Great Tit
- Greenfinch
- House Sparrow
- Magpie
- Robin
- Songthrush
- Starling
- Wood Pigeon
- Wren